



Full Moon Mediation -16th September 2016-09-06

Earth Healing Meditation

We invoke Source, our Gurus, Mother Mary, Archangel Metatron, Archangel Sandalphon, Lady Gaia, our Guardian Angels and Unicorns to be with us, to protect and guide us and to send healing to Mother Earth, our planet.

We are connected to our Divine self and rooted to the heart of Mother Earth. Visualise thick golden roots going down from your feet, down through your Earth Star.....connecting to the heart of Mother Earth where there is a great crystal. Wrap your roots around that great crystal draw up pure golden loving energies from the heart of Mother Earth. Draw these beautiful energies up through your roots,.....up through your earth star chakraand into your feet. See them rising up your legs.....up through your lower chakrasand travelling up into your heart. Now visualise a column of Divine white light flowing down from above towards you. Moving down through your Stellar Gateway chakra..... through all your upper chakras and into your heartwhere it merges with Mother Earth's golden energy, creating a beautiful golden white

light which now spreads through all your body, into every cell, body parts, organs and flowing out from your body into your aura. You are fully immersed and bathed in this Divine healing light.

Archangel Chamuel's energy now surrounds us with love and protection. Archangel Raphael's healing light surrounds us with protection. Archangel Michael enfolds us in his deep blue cloak of light to keep us totally protected and safe.

Call on Archangel Metatron to send his column of golden white Divine light down from above, sending it down through your Stellar Gateway, and down through your chakras. This light fills your body.....feel it flowing through all your chakras.pause..... And it passes down through your Earth Star where Archangel Sandalphon takes this column of light down to Hollow Earth, to the heart of Lady Gaia..... Visualise this golden white light moving down into the Earth feel the love and joy sending this liquid golden white light spreading all through the Earth, all through the ley lines.

(Experience the shimmering light passing through your body ... it is very beautiful and mesmerising as it completely bathes you).

This beautiful light of love and joy is flowing and spreading all through and over the Earth (pause to experience this joyful happening)..... As it moves through the ley lines it moves and spreads as water flows up through the roots of great tree. This shimmering golden white energy spreads it lights to all the pyramids and other portals and sends healing light to all areas of Mother Earth, bringing balance to the Earth.(pause) You can see the shimmering liquid golden white light touching every crystal that is in the Earth, to bring healing. As it touches each crystal, they start illuminating and spreading their healing light through the Planet as assigned. You can sense this healing, joy and happiness spreading through Mother Earth.

(Allow some time to visualise/experience the joy of the healing Planet)

We, Lady Gaia, the Unicorns ,Mother Mary and the Archangels all rejoice that this beautiful healing is happening to Mother Earth. Visualise Mother Earth sending these golden white energies to wherever healing is particularly needed now. See the whole Universe in peace and joy.

Be in these beautiful energies for a while enjoying the love of Mother Earth. When you feel you are ready, slowly come back to the place where you started. The Archangels, the Unicorns ... and your Guardian Angels are taking care of your grounding once more and surrounding you with their protection.

Now we thank Source, our Gurus, Mother Mary, Archangel Metatron, Archangel Sandalphon, Lady Gaia, our Guardian Angels and Unicorns and all the crystals in the Earth, for being with us and helping us send Divine healing energy to Mother Earth.

You can do this visualization whenever you want to contribute to healing Mother Earth.

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