



The
diana cooper
FOUNDATION

empowering people to spread the light of angels, ascension and the sacred mysteries of the universe

Full Moon Meditation for Saturday 4th April 2015
Lord Maitreya - Easter Meditation
'The Cosmic Light'

Perhaps some of you may get increased light upon the usefulness of the attempt if I tell you the interesting fact that—at the time of the full moon—it is almost as if a door suddenly opened wide, which at other times stands closed. Through that door, ingress is possible; through that door or opening, energies can be contacted which are otherwise shut off; and through that door approaches can be made to the planetary Hierarchy and to reality which are at other times not possible Master Djwhal Khul through Alice A. Bailey

Please read the Great Invocation and know that the Great Invocation, given by Lord Maitreya through Master Djwhal Khul, is a web of love, light and power. It is the mantram of Christ to expand our consciousness. It is used to distribute Hierarchical energies for the benefit of humanity, allowing the Masters to respond to world need. Please use before every meditation and healing.

Lord Maitreya anchors the Ascension process here on Earth for humanity, as well as on a planetary level and for the entire solar system. There is not a more pertinent time than Easter and the coming Wesak for us to reflect on our journey and pathway in building our light quota, our rainbow bridge, our antakarana. To remind ourselves that Jesus led the way and that all the Masters are here to help us on our journey. The whole of the cosmos is awaiting the blossoming and expansion of not only our collective consciousness but our planetary consciousness, in order that we may ALL grow, evolve and realise pure bliss.

"For those who wish to serve, who wish to fulfil their purpose in life. For those who see service as the greatest gift. Open your hearts and know I am here. When all people of every faith change their understanding and know that all share The One Father, then the New Era of Peace will begin"
Lord Maitreya

Sitting quietly and taking your awareness inwards... breathe deeply... and on every out breath say inwardly 'Deep Peace'. Allow all unwanted feelings to leave your body as you fall deeper and deeper into the deepest peace. Now take your awareness to your feet, and ground yourself by visualising gold roots pushing deep into the earth to the very core of our planet..... now anchor yourself to Lady Gaia who is waiting with loving arms. Feel yourself deeply grounded. A pure white ray of light then descends ... coming through your higher chakras, into your body... into your heart ... then see it flowing to every cell in your body, through your skin and into your aura. Now ask for pure white light to protect you and wait as it encases your being. Then ask to be shielded ... see Archangel Michael with the angels of protection as they shield your being and soul. Then place yourself into an octahedron (two pyramids forming a diamond shape) and place an angel on each corner to protect and keep you safe.

Now sit peacefully, and say the Great Invocation:

*From the point of light within the mind of God
Let light stream forth into the minds of men.
Let light descend on Earth.*

*From the point of love within the heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.*

*From the centre, where the will of God is known
Let purpose serve the little wills of men
The purpose that the Masters know and serve.*

*From the centre, which we call the race of men
Let the plan of love and light work out
and may it seal the door where evil dwells.
Let the light, the love and power restore the plan on Earth.*

A circle of Angels now stand around you. They hold you safe as a shaft of pure white brilliant light descends over you... and you are lifted up into the Heavens. You see a portal of yet more white light above you... and as you approach.. you are drawn... so deeply.. to merge with the light... and so do so. You are now in a Temple of Serenity and Peace; you are guided to a throne where you sit.... Beings of Light are stood around you and help hold your energies steady as Lord Maitreya stands forth.... He beckons for you to increase your light quota and build your antakarana, the rainbow bridge that links your personality to your soul, to your Monad. And so he instructs The Beings of light to hold your solar plexus and throat chakras.. which then radiate light.... Lord Maitreya then instructs the Beings to hold your heart and Sacral .. which begin to radiate love... He then asks the beings of light to hold your head centre and Basic.. and the chakras radiate power, which is Will.... You see your chakras and your subtle bodies coming into perfect harmony and balance. You now invoke your energy field to be charged, and harmonised with the cosmos, think of yourself being tuned into the Universe... Feel your consciousness expanding and purifying... link to all other aspirants who are using the invocation.. then link to the whole of humanity and see the web of light expanding and energised. Link to the other planets and see the web expanding further... then to other solar systems... and then the whole of the cosmos....

Your throat centre now emanates gold light and you see Buddhic Love... as all sentient beings are fused into one..... (pause) See your heart as it links to the Hierarchy.... releasing compassion within and forgiveness for yourself and all others..... our planet is now bathed in the palest pink light which is love energy.... Now see your head centre and connect with Shamballa..... then say 'Thy Will' will be done... I accept thy will..... You see yourself immersed in joy, peace, love and happiness... Then see the whole of our Planet Earth and humanity residing in pure bliss...

Focus on your ajna chakra in the centre of your forehead and fall deep into the Divine's cosmic consciousness ... remain here for a few moments...

Lord Maitreya is the World Teacher... a teacher for all people Feel his presence... be his energies... call upon him for help, whenever.... release yourself from all tenets and Be Love..

Feel a sense of oneness, hope and courage...

Feel your purpose.... see mankind's destiny of enlightenment and peace abound. Now sound the Om inwardly...

Your awareness is brought back to the inside of this tranquil temple.... Lord Maitreya stands before you and smiles... he telepathically offers you a message.. listen now.....

Heavenly angels appear and you realise it is now time to return... so thank Lord Maitreya and all the beings of light... The angels take your hands and you see your rainbow bridge before you..... Lord Maitreya smiles again at the work you have achieved. He waves goodbye for now, but know you can visit any of his retreats at night when you sleep.

The angels then lead you to the portal of brilliant light. You are safely held as you step into the light and slowly descend... slowly coming down... all the way to the Earth plane... safely and slowly... Until you are once more aware of being in your seat Take your awareness to your breath.... breathe deeply.... ask the angels to place protection around you and feel yourself being grounded deeply and strongly as you reconnect with Lady Gaia...

Then moving your fingers and toes.... bring your awareness to your body as you open your eyes... wide awake....

Namaste

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